



SCRIPTURE

JONAH 1:1–16

Read Jonah 1:1–3 and discuss 1–2 of these questions:

- In what areas/times of your life have you knowingly disobeyed or ran from God?
- Why do you think it is so easy to run from God or choose our way over his?
- Is it hard or easy to turn back to God after you've strayed away from him? Explain your answer.

Read Jonah 1:4–10 and discuss 1–2 of these questions:

- How has God shown your mercy and grace through your disobedience?
- The fact that Jonah could sleep while running from God shows that he didn't feel too bad about it. Why is not feeling bad about our sin such a dangerous thing?
- In what ways did God show his continual pursuit of Jonah? What does this teach us about God?

Read Jonah 1:11–16 and discuss 1–2 of these questions:

- How do you think their time with Jonah changed the lives of the sailors?
- Why would God still choose to use Jonah after his constant disobedience? What does this mean for us?



CONNECTION

- In what ways have you walked away from God like the prodigal son? How do you think God responds to your return to him?

MARK OF A DISCIPLE

Disciples of Christ are dependent on God for salvation (Acts 4:12).

APPLY IT

Who is your accountability partner? Find a trusted friend you can give permission to tell you hard truths. Those close to us who love us may notice our disobedience to the Lord quicker than we do.

Be specific:

- What are you going to do?
- When are you going to do it?
- Is there someone who can keep you accountable?

PRAYER

Take time to pray for each other's applications in the upcoming weeks.

MEMORY VERSE

"Just so, I tell you, there is joy before the angels of God over one sinner who repents."

Luke 15:10 (ESV)

